# **Anti-Bullying Policy**

### Nagle Community College, Mahon

#### Reviewed by the Board of Management on: 20/02/2024

- 1. In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB, the Board of Management of Nagle Community College has adopted the following anti-bullying policy within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the *Anti-Bullying Procedures for Primary and Post-Primary Schools* which were published in September 2013.
- 2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:
  - A positive school culture and climate which
    - o is welcoming of difference and diversity and is based on inclusivity;
    - encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and
    - promotes respectful relationships across the school community;
  - Effective leadership;
  - A school-wide approach;
  - A shared understanding of what bullying is and its impact;
  - Implementation of education and prevention strategies (including awareness raising measures) that-
    - build empathy, respect and resilience in pupils; and
    - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying.
  - Effective supervision and monitoring of pupils;
  - Supports for staff;
  - Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and
  - On-going evaluation of the effectiveness of the anti-bullying policy.

3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools* bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical conducted, by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Additional information on different types of bullying is set out in Section 2 of the Anti-Bullying Procedures for Primary and Post-Primary Schools.

4. The relevant teacher(s) for investigating and dealing with bullying is (are) as follows: (see Section 6.8 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*):

Mr. Jim O' Sullivan - Principal Mr. Nicholas O' Keeffe – Deputy Principal Ms.Deirdre Whyte – School Counsellor 5. The education and prevention strategies (including strategies specifically aimed at cyberbullying and identity-based bullying including in particular, homophobic and transphobic bullying) that will be used by the school are as follows (see Section 6.5 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*):

This will be done formally through timetabled classes for SPHE, CSPE, RSE. & Wellbeing hours in the new Junior Cycle.

Other initiatives include:

- Meitheal Group
- Amber Flag
- Cyber bullying Workshop
- Friends for Life Programme
- 1s Year Induction Programme
- Check and Connect
- Healthy Schools Programme
- 6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows (see Section 6.8 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*) :

The Year Head or Deputy Principal or Principal will meet separately with both the student who feels they are being bullied and the alleged bully. This meeting will occur in a private and confidential manner.

Thereafter it will be decided to apply the school's Code of Behaviour/Pastoral Care service. Parents will be contacted by the Head Year to inform them of the situation. None of the parties involved in the incident has the right to discuss them with friend or other students in such a way to make matters worse for any party involved. Taking a person's good name is in itself a form of bullying.

# **TYPES OF BULLYING**

### EXAMPLES OF BEHAVIOUR THESE MAY BE PHYSICAL, VERBAL OR PSYCHOLOGICAL IN NATURE

**DEFINITION OF BULLYING** 

Bullying consists of repeated inappropriate behaviour whether by word, by physical action or otherwise, directly or indirectly applied, by one or more persons which undermines an individual's right to personal dignity.

GENERAL	<ul> <li>Harassment based on any of the nine grounds in the equality legislation e.g. Sexual harassment, homophobic bullying, racist bullying etc.</li> <li>Physical aggression</li> <li>Damage to property</li> <li>Name calling</li> <li>Slagging</li> <li>The production, display or circulation of written words, pictures or other materials aimed at intimidating another person</li> <li>Graffiti</li> <li>Extortion</li> <li>Intimidation</li> <li>Gestures</li> <li>The "look"</li> <li>Invasion of personal space</li> <li>A combination of any of the types listed.</li> </ul>
CYBER	<ul> <li>Silent telephone/mobile phone call</li> <li>Abusive telephone/mobile phone calls</li> <li>Abusive text messages</li> <li>Abusive email</li> <li>Abusive website comments/Blogs/Pictures</li> </ul>
HOMOPHOBIC	<ul> <li>Spreading rumours about a persons sexual orientation</li> <li>Taunting a person of a different sexual orientation</li> <li>Name calling e.g. Gay, Queer, Lesbian</li> </ul>
RACIAL	□ Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background
RELATIONAL	<ul> <li>This involves manipulating relationships as a means of bullying. Behaviours include:</li> <li>Malicious gossip</li> <li>Isolation &amp; exclusion</li> <li>Ignoring</li> <li>Excluding from the group</li> <li>Taking someone's friends away</li> <li>"Bitching"</li> <li>Spreading rumours</li> <li>Breaking confidence</li> <li>Talking loud enough so that the victim can hear</li> <li>The "look"</li> </ul>
SEXUAL	<ul> <li>Unwelcome sexual comments or touching</li> <li>Harassment</li> </ul>

7. The school's programme of support for working with pupils affected by bullying is as follows (see Section 6.8 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*) :

The school offers the following supports and are used appropriately in each specific case:

Home School Community Liaison

School Counsellor

School Completion Programme

Traveller Mentoring

School Chaplain

Postitive Behaviour Stratey Team

#### 8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

# 9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

- 10. This policy was reviewed by the Board of Management on \_\_\_\_\_ [date].
- 11. This policy has been made available to school personnel, published on the school website (or where none exists, is otherwise readily accessible to parents and pupils on request) and provided to the Parents' Association (where one exists). A copy of this policy will be made available to the Department and the patron if requested.
- 12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website (or where none exists, be

otherwise readily accessible to parents and pupils on request) and provided to the Parents' Association (where one exists). A record of the review and its outcome will be made available, if requested, to the patron and the Department.

Cllr. Terry Shannon Jim O' Sullivan (Chairperson of Board of Management)

(Principal)

Date of next review: February 2024